



Marshall County Employee Newsletter

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Theft: Protecting Your Information

Theft can happen to anyone in the blink of an eye. With technology, especially the Internet, it seems easier than ever for someone to steal your identity and use it to their advantage. However, you're not helpless. There are ways to protect yourself and keep the damage and headache to a minimum.

Following are some tips that you can use to protect yourself:

- Do not carry your Social Security card on you. If your information is stolen, the damage that thieves can do will be limited if they don't have your Social Security number.
- Make a copy of all your credit cards—including the front and back of each card. This will provide you with card numbers and telephone numbers to contact the company in case your cards are ever stolen.
- If your credit cards are stolen, call and cancel them as soon as possible.
- File a police report in the area where your wallet or purse was stolen.
- Call the three national credit reporting organizations (listed below) to place a fraud alert on your name and Social Security number. This will let any company that checks your credit know your information has been stolen.



**IN MEMORY OF
SAMUEL "RED" LONG**

We dedicate this newsletter in memory of Samuel Long, a Corrections Sergeant for the Marshall County Jail who passed away on July 9th, 2011.

New Personnel Board Member Sworn In



Randall Haney



**Jeff McLaughlin
New Board Attorney**

Keep these numbers for credit reporting agencies and Social Security in a convenient place:

- Equifax: 1-888-766-0008 www.equifax.com
- Experian: 1-888-397-3742 www.experian.com
- Trans Union: 1-800-680-7289 www.transunion.com
- Social Security Administration (fraud line): 1-800-269-0271 www.ssa.gov

IMPORTANT BENEFIT INFORMATION

Benefit changes can only be made during an open enrollment period, or due to a life event. A life event would be one of the following:

1. Birth/Adoption, Marriage, Death, Divorce or Legal Separation
2. Loss of coverage due to employment status—this would be if your spouse or dependent child lost coverage through their employer
3. Ineligibility due to age—child reaches maximum age coverage

If you experience a life event:

- You must request benefit changes within **30 days** after the life event
- Make sure your beneficiaries for your life insurance and retirement are up to date
- Make sure your address and phone number are updated if applicable

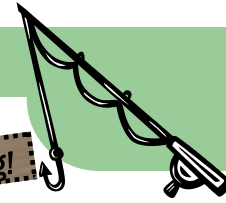
To make changes, please see Robbie in the Commission office or come to the Personnel office.

RETIREMENT SYSTEMS OF ALABAMA—NOTICE

Pursuant to Opinion 2011-090, issued by the Attorney General on August 22, 2011, retirement contributions will no longer be calculated and withheld on overtime pay and subsistence allowance. This change is effective pay period beginning September 1, 2011.

Happy Retirement!

Gone Fishing!



Retirement is wonderful. It's doing nothing without worrying about getting caught at it.

~Gene Perret



The money's no better in retirement, but the hours are.

~Anonymous



Billy Kenamer
Traffic & Road Sign Tech
Engineering Dept.
25 Years of Service



Cathy Maddux
Clerk
Engineering Dept.
28 Years of Service



Robert Dunston
Deputy
Sheriff's Dept.
4 Years of Service

Congratulations!

On your promotion!

• **Tammy Bearden**

Accounting Clerk
Commission Office

• **Jason Bremer**

Sr. Corrections Officer
Sheriff's Department

• **Jessica Patterson**

GIS Trainee
Appraisal Department

• **Samantha Southerland**

Admin. Coordinator
Sheriff's Department

• **Wayne Wigley**

GIS Trainee
Appraisal Department

WELCOME NEW EMPLOYEES!!

Kevin H. Athow, Corrections Officer

William A. Lynn, Dispatcher

Richard Baker, Corrections Officer

Debra S. Maddox, Corrections Officer

Karen S. Benefield, Dispatcher

Karen M. Lyon, Corrections Officer

Rubriel Bermudez, Corrections Officer

John E. McDonald, Deputy

Terry Buchanan, Road Maintenance
Tech, District #2

Adam K. Phillips, Corrections Officer

Doran M. Cooper, Corrections Officer

James Pierce, Corrections Officer

Timothy D. Creel, Deputy

Joshua Potter, Corrections Officer

Leslie Godwin, Support Clerk, Sher-
iff's Department.

Daniel Small, Deputy

Michael Jacques, Operations Support
Specialist, EMA

Phillip Smith, Deputy

Brandon L. Kilpatrick, Appraisal Tech

Mark Springfield, Road Maintenance
Tech, District #1

David W. King, Road Maintenance
Tech, District #2

Randie Walker, Road Maintenance
Tech, District #1

Jennifer Lewis, Administrative Clerk,
Commission Office

Jonathan Wall, Corrections Officer



FOR YOUR HEALTH

Information For a Healthy, Safe Lifestyle



Prostate Cancer. Are you at Risk: Nearly 200,000 men develop prostate cancer each year. It is the most common malignant cancer (excluding skin) in North American men. Prostate cancer develops within the prostate gland, a small walnut-shaped gland surrounding the beginning of the urinary canal. Unfortunately, there are no early symptoms except possible urinary problems as the cancer spreads.

Later-stage symptoms include:

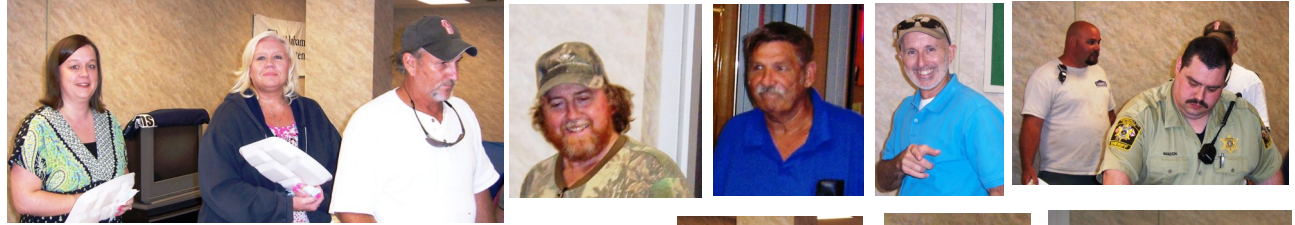
- Frequent urination, especially at night
- Weak urinary stream or inability to urinate
- Interruption of urinary stream (stopping & starting)
- Pain or burning during urination or blood in urine

Advanced symptoms include:

- Sudden constant pain in one or more bones lasting at least 2 weeks
- Chronic pain in the spine, pelvis, lower back, hips or upper legs
- Significant weight loss

Most prostate cancers grow slowly and are manageable, even curable, if detected early. Regular medical exams are essential in detecting and preventing prostate cancer.

Scenes from *EMPLOYEE APPRECIATION DAY*



THANK YOU EMPLOYEES!!



Marshall County Employees can now join Therapy Plus Fitness of MMC



for a reduced rate of \$25 per month through payroll deduction. Therapy Plus also offers a yearly rate of \$210. (Payable directly to Therapy Plus.)

Amenities include: all of the workout machines, land aerobics, lap pool, low impact aerobics and high impact aerobics. Contact payroll or personnel to sign up.



Flu Shots



Free flu shots will be available for all full-time and part-time County employees and dependents covered under the County's insurance plan.

Be on the look-out for more information!



SMILE FOR YOU

Smiling is infectious; you can catch it like the flu, When someone smiled at me today, I started smiling too. I passed around the corner and someone saw my grin When he smiled I realized I'd passed it on to him. I thought about that smile then I realized its worth, A single smile, just like mine could travel round the earth. So, if you feel a smile begin, don't leave it undetected Let's start an epidemic quick, and get the world infected!

-Author Unknown-
Everyone Needs A Smile!

